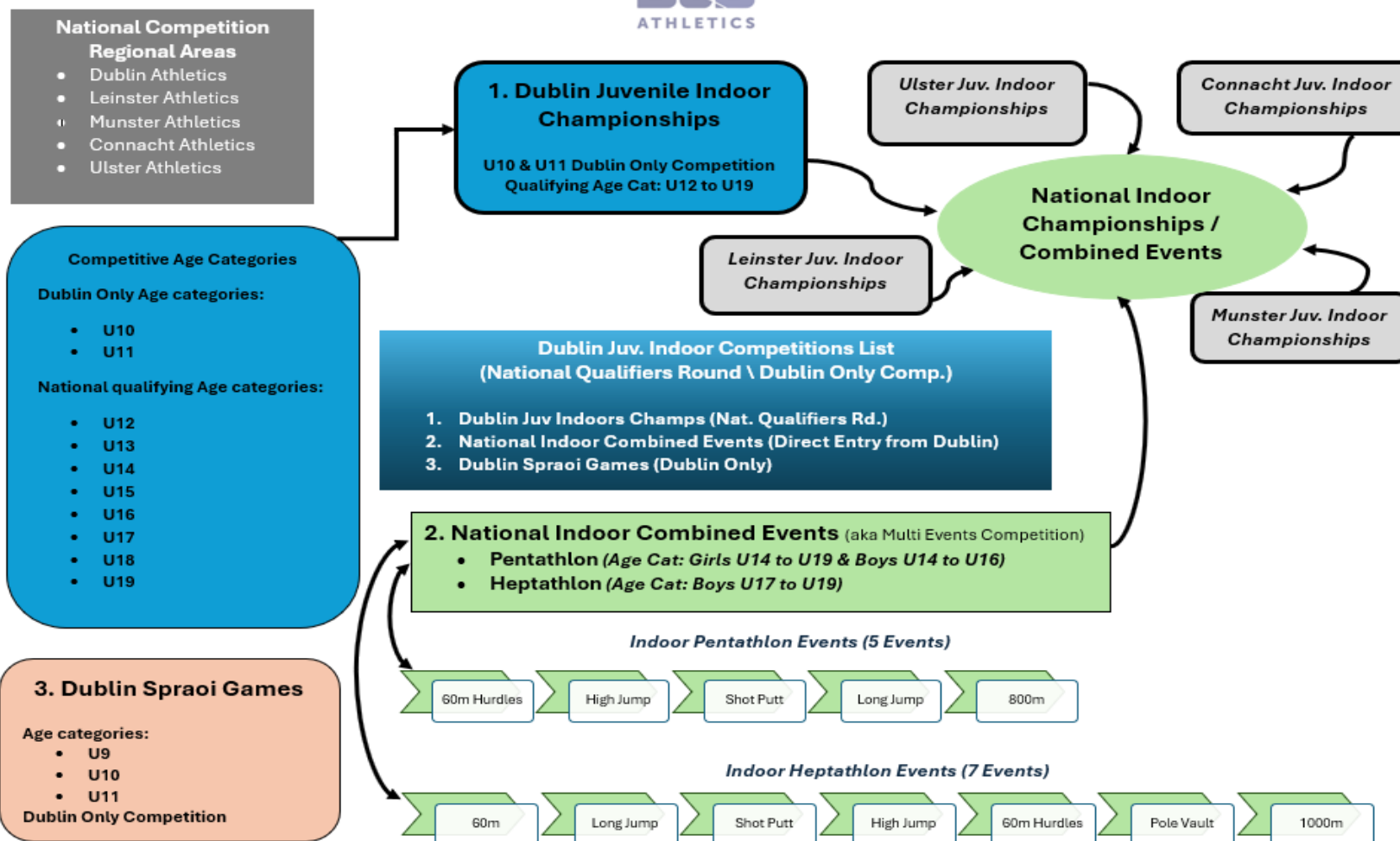


Juvenile Indoor Fixtures (January to April) 2026							
	Date	Day	Org	Level	Event	Venue	Notes
January	17/01/2026	Sat	AAI	National	National Indoor AAI Combined Events (U18+)	NIA, Abbotstown	Heptathlon Day 1 - U18, U20 & Senior
	18/01/2026	Sun	AAI	National	National Indoor AAI Combined Events (U14+)	NIA, Abbotstown	Heptathlon Day 2 - U18, U20 & Senior & Pentathlon Day 1 - Juvenile & Masters
	25/01/2026	Sun	Dublin	Regional	Dublin Juvenile Indoors Day 1	NIA, Abbotstown	
	31/01/2026	Sat	Dublin	Regional	Dublin Juvenile Indoors Day 2	NIA, Abbotstown	
February	01/02/2026	Sun	Dublin	Regional	Dublin Juvenile Indoors Day 3	NIA, Abbotstown	
	07/02/2026	Sat	Dublin	Regional	Dublin Juvenile Indoors Day 4 - Relays	NIA, Abbotstown	
	08/02/2026	Sun	Dublin	Regional	Spraoi Indoor Games (U9, U10 & U11)	NIA, Abbotstown	
March	28/03/2026	Sat	AAI	National	National Indoor Juvenile Championships Day 1	Athlone	
	29/03/2026	Sun	AAI	National	National Indoor Juvenile Championships Day 2	Athlone	
April	11/04/2026	Sat	AAI	National	National Indoor Juvenile Championships Day 3	Athlone	

See further details Page 2 & Age Categories Page 3.





Athletics Ireland Juvenile Age Categories		
January 2026 to December 2026		
Year of Birth	Age obtained during 2026	Age Category 2026
2019	7	Non-Category - (Can compete with the U9's)
2018	8	U9
2017	9	U10
2016	10	U11
2015	11	U12
2014	12	U13
2013	13	U14
2012	14	U15
2011	15	U16
2010	16	U17
2009	17	U18
2008	18	U19