

League 3 - DSD - 14th June 2026

Club Designated Official to inform Check-In Team 40 mins before track events if an athlete is not taking part. BIB Numbers will be given to Club Official. If an athlete has taken part in League 1 or 2 they must bring their number with them.

| Assembly | Track | | | | Entrants 10 per heat | No Heats | Time Allocated 00:03 | Qualification |
|--------------|-------|----------|--------------|-----------|-------------------------|----------|-------------------------|---------------|
| | Time | Event NO | Event | Age | | | | |
| | 10:45 | 11:00 | 9 | 60m Girls | | | | |
| 11:15 | 11:30 | 11 | 60m Girls | Girls U11 | 70 | 7 | 00:21 | Time |
| 11:36 | 11:51 | 12 | 60m Boys | Boys U11 | 38 | 4 | 00:12 | Time |
| 11:48 | 12:03 | 14 | 60m Boys | Boys U12 | 47 | 5 | 00:15 | Time |
| 12:03 | 12:18 | 13 | 60m Girls | Girls U12 | 68 | 7 | 00:21 | Time |
| 12:24 | 12:39 | 10 | 60m Boys | Boys U10 | 75 | 8 | 00:24 | Time |
| 12:48 | 13:03 | 17 | 80m Girls | Girls U14 | 40 | 4 | 00:12 | Time |
| 13:00 | 13:15 | 16 | 80m Boys | Boys U13 | 26 | 3 | 00:09 | Time |
| | | | | | | | 00:03 | 10 |
| 13:09 | 13:24 | 1 | 80m Girls | Girls U13 | 53 | 6 | 00:18 | Time |
| 13:27 | 13:42 | 1 | 80m Boys | Boys U14 | 20 | 2 | 00:06 | Time |
| 13:33 | 13:48 | 19 | 100m Girls | Girls U15 | 25 | 3 | 00:09 | Time |
| 13:42 | 13:57 | 20 | 100m Boys | Boys U15 | 13 | 2 | 00:06 | Time |
| 13:48 | 14:03 | 21 | 100m Girls | Girls U16 | 10 | 1 | 00:03 | Time |
| 13:51 | 14:06 | 22 | 100m Boys | Boys U16 | 14 | 2 | 00:06 | Time |
| BREAK | | | | | | | | 15 |
| | | | | | 11 | | 00:03 | |
| 14:25 | 14:40 | 23 | 500m Girls | Girls U10 | 65 | 5 | 00:15 | Time |
| 14:40 | 14:55 | 24 | 500m Boys | Boys U10 | 71 | 5 | 00:15 | Time |
| 14:55 | 15:10 | 28 | 600m Boys | Boys U12 | 41 | 3 | 00:09 | Time |
| 15:04 | 15:19 | 25 | 600m Girls | Girls U11 | 39 | 3 | 00:09 | Time |
| 15:13 | 15:28 | 26 | 600m Boys | Boys U11 | 35 | 3 | 00:09 | Time |
| 15:22 | 15:37 | 27 | 600m Girls | Girls U12 | 56 | 4 | 00:12 | Time |
| 15:34 | 15:49 | 31 | 800m Girls | Girls U14 | 32 | 3 | 00:09 | Time |
| 15:43 | 15:58 | 32 | 800m Boys | Boys U14 | 19 | 2 | 00:06 | Time |
| 15:49 | 16:04 | 33 | 800m Girls | Girls U15 | 11 | 1 | 00:03 | Time |
| 15:52 | 16:07 | 34 | 800m Boys | Boys U15 | 17 | 2 | 00:06 | Time |
| 15:58 | 16:13 | 35 | 800m Girls | Girls U16 | 7 | 1 | 00:03 | Time |
| 16:01 | 16:16 | 36 | 800m Boys | Boys U16 | 9 | 1 | 00:03 | Time |
| 16:04 | 16:19 | 29 | 600m Girls | Girls U13 | 39 | 3 | 00:09 | Time |
| 16:13 | 16:28 | 30 | 600m Boys | Boys U13 | 27 | 2 | 00:06 | Time |
| | | | | | 10 | | 00:03 | |
| 16:19 | 16:34 | 3 | 75m Hurdles | Girls U14 | 20 | 2 | 00:06 | Time |
| 16:25 | 16:40 | 4 | 75m Hurdles | Boys U14 | 9 | 1 | 00:03 | Time |
| 16:28 | 16:43 | 5 | 80m Hurdles | Girls U15 | 7 | 1 | 00:03 | Time |
| 16:31 | 16:46 | 6 | 80m Hurdles | Girls U16 | 5 | 1 | 00:03 | Time |
| 16:34 | 16:49 | 7 | 80m Hurdles | Boys U15 | 3 | 1 | 00:03 | Time |
| 16:37 | 16:52 | 8 | 100m Hurdles | Boys U16 | 4 | 1 | 00:03 | Time |
| 16:40 | 16:55 | 1 | 60m Hurdles | Girls U13 | 24 | 3 | 00:09 | Time |
| 16:49 | 17:04 | 2 | 60m Hurdles | Boys U13 | 12 | 2 | 00:06 | Time |

| Field | | | | Entrants | Field | | | | Entrants |
|-------|----------|-----------------|-------|----------|-------|----------|-------------------|-------------------|----------|
| Time | Event NO | Event | Age | | Time | Event No | Event | Age | |
| 12:30 | 38 | Long Jump Girls | 11 | | 63 | 13:00 | 47 | Shot Put Girls Kg | |
| 13:30 | 37 | Long Jump Boys | 11 | 44 | 11:30 | 48 | Shot Put Boys Kg | 13 | 12 |
| 14:30 | 40 | Long Jump Girls | 12 | 59 | 14:15 | 49 | Shot Put Girls Kg | 14 | 18 |
| 15:30 | 39 | Long Jump Boys | 12 | 41 | 12:15 | 50 | Shot Put Boys Kg | 14 | 13 |
| 15:30 | 41 | Long Jump Girls | 13 | 41 | 11:30 | 51 | Jav Girls | 14 | 18 |
| 15:00 | 42 | Long Jump Boys | 13 | 21 | 14:45 | 52 | Jav Boys | 14 | 11 |
| 12:15 | 43 | High Jump Girls | 15/16 | 10 | 11:30 | 53 | Turbo Jav Girls | 10 | 74 |
| 11:30 | 44 | High Jump Boys | 15/16 | 9 | 14:00 | 54 | Turbo Jav Boys | 10 | 65 |
| | | | | | 16:00 | 55 | Turbo Jav Girls | 12 | 38 |
| | | | | | 13:15 | 56 | Turbo Jav Boys | 12 | 35 |

**** BIB Numbers will be provided to the Designated Club Official.**

**** BIB Numbers will only be issued to Clubs who have provided sufficient officials in order for the competition to take place.**

**** It is the responsibility of each designated Club Official to advise the check-in Team if an athlete is not competing 40 mins before their event.**

**** Failure to follow the above point will cause empty lanes, potential delays and a less competitive experience for the other athletes.**

**** For age categories U10 & U11 - this is a Track & Field Competition where medals are awarded on the day of event.**

**** For age categories U12 - 16 - this is a League event where points awarded accumulate over the three league events.**

**** BIB Numbers must be retained for all three League events.**

