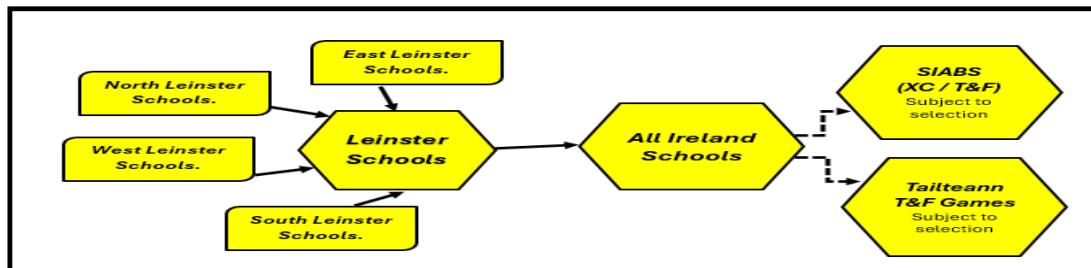
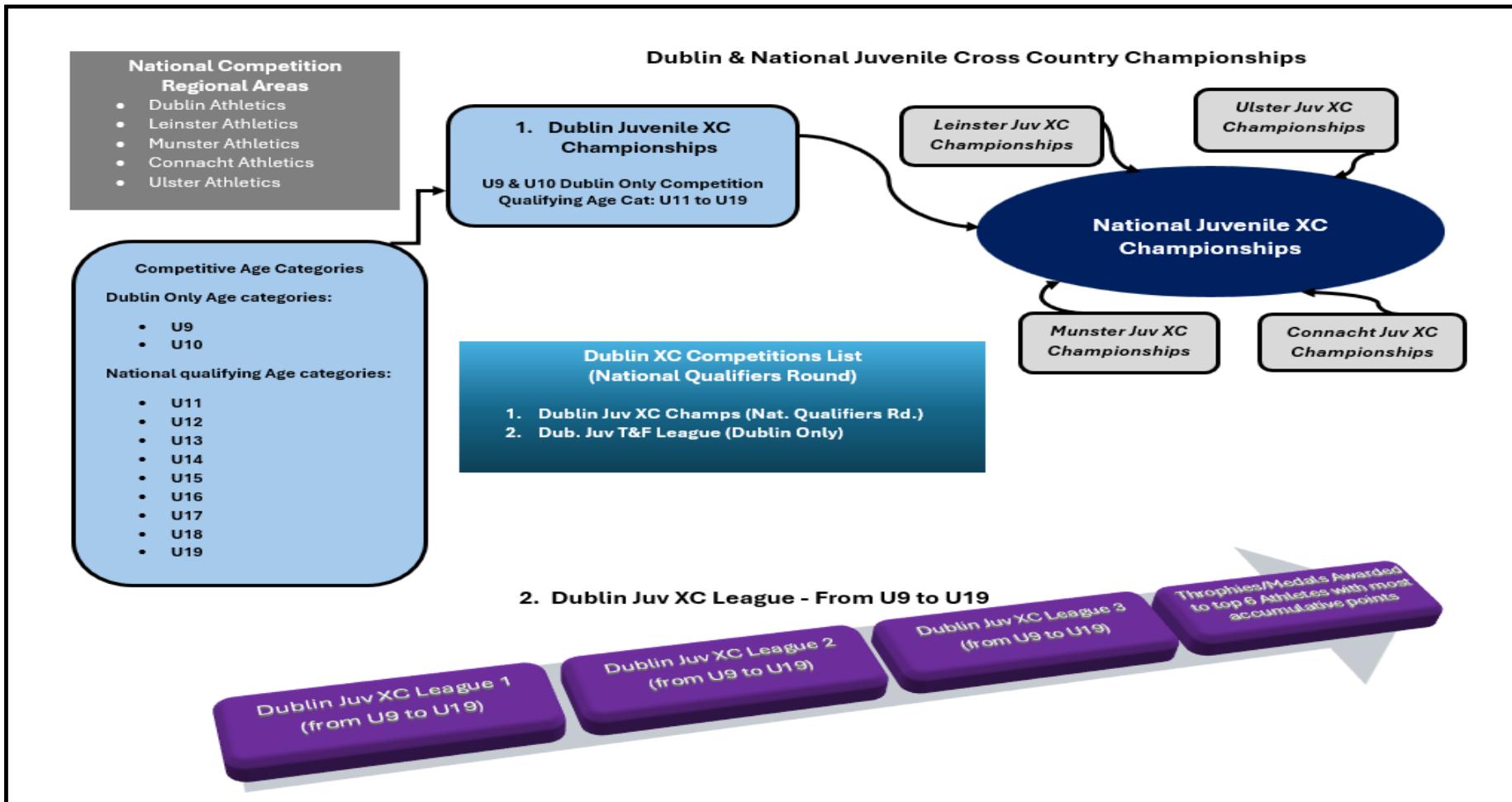


**Juvenile Cross Country (January to December) Fixtures 2026**

	<b>Date</b>	<b>Day</b>	<b>Org</b>	<b>Level</b>	<b>Event</b>	<b>Venue</b>	<b>Notes</b>
<b>January</b>	18/01/2026	Sun	Dublin	Regional	Dublin U9 XC Championships + Juv XC League Day 3	TBC	
	21/01/2026	Wed	Schools	District	East Leinster Schools XC Championships	Phoenix Park	
	22/01/2026	Thurs	Schools	District	West Leinster Schools XC Championships	Phoenix Park	
	23/01/2026	Fri	Schools	District	North Leinster Schools XC Championships	Phoenix Park	
	27/01/2026	Tues	Schools	District	South Leinster Schools XC Championships	Carlow	
<b>February</b>	14/01/2026	Wed	Schools	Regional	Leinster Schools XC Championships	TBC	
<b>March</b>	07/03/2026	Sat	Schools	National	All Ireland Schools XC Championships	Newtownabbey	
<b>September</b>	13/09/2026	Sun	Dublin	Regional	Dublin Juv XC League Day 1	TBC	
<b>October</b>	04/10/2026	Sun	Dublin	Regional	Dublin Even Ages + Novice XC	TBC	
	11/10/2026	Sun	Dublin	Regional	Dublin Juv XC League Day 2	TBC	
	18/10/2026	Sun	AAI	National	National Juvenile Inter XC Relays	Abbotstown	
<b>November</b>	01/11/2026	Sun	Dublin	Regional	Dublin Uneven Ages + U20 & Snr XC Championships	TBC	
	22/11/2026	Sun	Dublin	Regional	Dublin Juv XC League 3	TBC	
	22/11/2026	Sun	AAI	National	National Juv Even Age + U20 & Snr XC Championships	TBC	
<b>December</b>	06/12/2026	Sun	AAI	National	National Juv Uneven Age + Novice XC Championships	TBC	

See further details Page 2 & Age Categories Page 3.





### Athletics Ireland Juvenile Age Categories

January 2026 to December 2026

Year of Birth	Age obtained during 2026	Age Category 2026
2019	7	Non-Category - (Can compete with the U9's)
2018	8	U9
2017	9	U10
2016	10	U11
2015	11	U12
2014	12	U13
2013	13	U14
2012	14	U15
2011	15	U16
2010	16	U17
2009	17	U18
2008	18	U19