

| Open         | Close | Age Group      | Event       |
|--------------|-------|----------------|-------------|
| <b>08:15</b> | 09:00 | 12 Boys        | Turbo       |
| 08:30        | 09:15 | 13 Girls       | Shot Put    |
| 08:30        | 09:15 | 14 Girls       | Long Jump   |
| 08:30        | 09:15 | 14 Boys        | Long Jump   |
| 08:30        | 09:15 | 16-19          | Pole Vault  |
| 08:30        | 09:15 | 15 Girls       | High Jump   |
| 08:45        | 09:30 | 12 Girls       | 60m Heats   |
| 09:15        | 10:00 | 12 Boys        | 60m Heats   |
| 09:36        | 10:21 | 13 Girls       | 80m Heats   |
| <b>09:45</b> | 10:30 | 13 Boys        | Shot Put    |
| 09:45        | 10:30 | 16 Girls       | High Jump   |
| 10:03        | 10:48 | 13 Boys        | 80m Heats   |
| 10:15        | 11:00 | 13-15          | Pole Vault  |
| 10:21        | 11:06 | 14 Girls       | 80m Heats   |
| 10:39        | 11:24 | 14 Boys        | 80m Heats   |
| 10:45        | 11:30 | 12 Girls       | Turbo       |
| 10:51        | 11:36 | 15 Girls       | 100m Heats  |
| <b>11:06</b> | 11:51 | 15 Boys        | 100m Heats  |
| 11:15        | 12:00 | 16 Girls       | 100m Heats  |
| 11:24        | 12:09 | 16 Boys        | 100m Heats  |
| 11:33        | 12:18 | 17 Girls       | 100m Heats  |
| 11:39        | 12:24 | 17 Boys        | 100m Heats  |
| 11:45        | 12:30 | 18 Girls       | 100m Heats  |
| 11:51        | 12:36 | 18 Boys        | 100m Heats  |
| 11:57        | 12:42 | 19 Girls       | 100m Heats  |
| 12:00        | 12:45 | 19 Boys        | 100m Finals |
| <b>12:15</b> | 13:00 | 15/16 G&B      | Triple Jump |
| 12:45        | 13:30 | 17/18/19 Girls | Discus      |
| 12:45        | 13:30 | 14 Girls       | 1500m       |
| 12:57        | 13:42 | 14 Boys        | 1500m       |
| 13:09        | 13:54 | 15 Girls       | 1500m       |
| 13:15        | 14:00 | 15 Boys        | 1500m       |
| 13:15        | 14:00 | 17/18/19 G&B   | Triple Jump |
| <b>13:27</b> | 14:12 | 16 Girls       | 1500m       |
| 13:33        | 14:18 | 16 Boys        | 1500m       |
| 13:45        | 14:30 | 17 Girls       | 1500m       |
| 13:45        | 14:30 | 17/18/19 Boys  | Discus      |
| 13:51        | 14:36 | 17 Boys        | 1500m       |
| 13:57        | 14:42 | 18/19 Girls    | 1500m       |
| 14:03        | 14:48 | 18 Boys        | 1500m       |
| 14:09        | 14:54 | 19 Boys        | 1500m       |
| 15:00        | 15:45 | 14/15/16 Girls | Walks       |
| 15:10        | 15:55 | 14/15 Boys     | Walks       |
| 15:20        | 16:06 | 17/18/19 Girls | Walks       |
| 15:30        | 16:15 | 16 Boys        | Walks       |
| 15:30        | 16:15 | 17/18/19 Boys  | Walks       |