

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in Opens 8.30 am

Inter Club Relays

Check in Closes 9.00am for mixed, 9:30am for U13 and U15, 10.30 am for U17 and U19

Call room in operation for all track events, 20 mins prior to each event

10.00 am	Mixed	U17	4x200m	FINALS (Heat Declared Winners)
	Mixed	U19	4x200m	FINALS (Heat Declared Winners)
	Girls	U13	4x200m	FINALS (Heat Declared Winners)
	Boys	U13	4x200m	FINALS (Heat Declared Winners)
	Girls	U15	4x200m	Heats
	Boys	U15	4x200m	Heats
	Girls	U17	4x200m	Heats
	Boys	U17	4x200m	Heats
	Girls	U19	4x200m	Heats
	Boys	U19	4x200m	Heats

12.00 pm Finals of Above

Check in closes 11.30 am 1500m

1.00 p.m.	Girls & Boys	U16	1500m	On Times
	Girls & Boys	U17	1500m	On Times
	Girls & Boys	U18	1500m	On Times
	Girls & Boys	U19	1500m	On Times

Check in closes 1.30 pm for 12 & 14, 2.00 pm for 16 & 18

3.15 pm	Girls	U12	4X200m	FINALS (Heat Declared Winners)
	Boys	U12	4X200m	FINALS (Heat Declared Winners)
	Girls	U14	4X200m	Heats
	Boys	U14	4X200m	Heats
	Girls	U16	4X200m	Heats
	Boys	U16	4X200m	Heats
	Girls	U18	4X200m	Heats
	Boys	U18	4X200m	Heats

Final of Above

Field Events

Check in Closes 1 hour prior to the start of each event

Shot Put

10.00 am	Boys	U17	(5kg)
10.45 am	Girls	U19	(4kg)
11.30 am	Boys	U18	(5kg)
12.50 pm	Girls	U18	(3kg)
2.10 pm	Boys	U19	(6kg)
2.45 pm	Girls	U17	(3kg)

Triple Jump

10.00 am	Girls	U17
11.00 am	Boys	U17
12.00 pm	Girls	U15
2.00 pm	Boys	U15
2.45 pm	Girls	U18
3.45 pm	Boys	U18

High Jump coach access by sticker only

10.00 am	Boys	U12	Mat 2 (Middle)
11.30 am	Girls	U12	Mat 2 (Middle)
1.30 pm	Boys	U13	Mat 2 (Middle)
3.00 pm	Girls	U13	Mat 2
10.30 am	Girls	U18	Mat 1
12.00 pm	Boys	U18	Mat 1
2.00 pm	Girls	U19	Mat 1
3.00 pm	Boys	U19	Mat 1

Please note that this is a
PROVISIONAL TIMETABLE
 which may be changed.