



Athletics Ireland Juvenile Age Categories		
January 2026 to December 2026		
Year of Birth	Age obtained during 2026	Age Category 2026
2019	7	Non-Category - (Can compete with the U9's)
2018	8	U9
2017	9	U10
2016	10	U11
2015	11	U12
2014	12	U13
2013	13	U14
2012	14	U15
2011	15	U16
2010	16	U17
2009	17	U18
2008	18	U19