Track & Field Competition U10 & U11 League 1 U12 - U16 - Irishtown - 26th April 2026

Please remember to check in for all events.
Only access the warm up area 45 mins before your event.

Assembly	Track Time	Event NO	Event	Age	Entrants	No of Heats	Time Allocated	Qualification
					Mins	8	00:03	
09:45	10:00	1	400m Girls	Girls U14	60	8	00:24	Time
10:09	10:24	2	400m Boys	Boys U14	34	5	00:15	Time
10:24	10:39	3	400m Girls	Girls U15	46	6	00:18	
10:42	10:57	4	400m Boys	Boys U15	26	4	00:12	Time
10:54	11:09	5	400m Girls	Girls U16	23	3	00:09	
11:03	11:18	6	400m Boys	Boys U16	15	2	00:06	Time
					Mins/he	15	00:04	
11:09	11:24	9	600m Girls	Girls U11	106	8	00:32	Time
11:41	11:56	11	600m Girls	Girls U12	105	7	00:28	Time
12:09	12:24	7	500m Girls	Girls U10	115	8	00:32	Time
12:41	12:56	8	500m Boys	Boys U10	108	8	00:32	Time
13:13	13:28	10	600m Boys	Boys U11	73	5	00:20	Time
13:33	13:48	14	600m Boys	Boys U13	58	4	00:16	Time
13:49	14:04	13	600m Girls	Girls U13	78	6	00:24	Time
14:13	14:28	12	600m Boys	Boys U12	89	6	00:24	Time
					Mins/he	18	00:06	
14:37	14:52	15	1500m Girls	Girls U14	33	2	00:12	Time
14:49	15:04	16	1500m Boys	Boys U14	36	2	00:12	Time
15:01	15:16	17	1500m Girls	Girls U15	16	1	00:06	Time
15:07	15:22	18	1500m Boys	Boys U15	22	2	00:12	Time
15:19	15:34	19	1500m Girls	Girls U16	20	2	00:12	Time
15:31	15:46	20	1500m Boys	Boys U16	19	2	00:12	Time

Field Time	Event No	Event	Age	Entrants
10:00	21	Long Jump Girls	11	91
10:00	22	Long Jump Boys	11	53
12:00	25	Long Jump Girls	15	35
12:00	26	Long Jump Boys	15	20
12:45	23	Long Jump Girls	14	47
12:45	24	Long Jump Boys	14	26
13:45	41	Long Jump Girls	16	14
13:45	42	Long Jump Boys	16	13
14:15	27	Long Jump Girls	12	98
15:30	28	Long Jump Boys	12	71
13:00	29	High Jump Girls	15	15
14:00	30	High Jump Boys	15	8
12:00	31	High Jump Girls	16	9
10:00	32	High Jump Boys	16	9

Field Time	Event No	Event	Age	Entrants
10:45	34	Shot Put Boys 2.72	14	22
11:30	33	Shot Put Girls 2k	14	31
13:30	40	Shot Put Boys	12	41
12:30	39	Shot Put Girls	12	57
14:30	43/45	Shot Put Girls	15/16	20
	44/46	Shot Put Boys	15/16	13
10:00	37	Turbo Jav Boys	10	96
10:00	36	Turbo Jav Girls	10	97
15:00	47	Jav Girls	14	30
	48	Jav Boys	14	14
10:30	36	Javelin Boys	13	26
11:30	35	Javelin Girls	13	32
15:00	49	Discus Girls	13	11
15:45	50	Discus Boys	13	21

** BIB Numbers will be provided to the Designated Club Official.
** BIB Numbers will only be issued to Clubs who have provided sufficient officials in order for the competition to take place.
** It is the responsibility of each designated Club Official to advise the check-in Team if an athlete is not competing 40 mins before their event.
** Failure to follow the above point will cause empty lanes, potential delays and a less competitive experience for the other athletes.
** For age categories U10 & U11 - this is a Track & Field Competition where medals are awarded on the day of event.
** For age categories U12 - 16 - this is a League event where points awarded accumulate over the three league events.
** BIB Numbers must be retained for all three League events.