



Dublin Novice & Juvenile Even Age Cross Country Championships

Sunday 4th October 2026 – Phoenix Park

Event Schedule

Event	Distance	Start Time	Course Details
U10 Girls (born 2017/18)	1000m	11:00	1 X 1000m
U10 Boys (born 2017/18)	1000m	11:10	1 X 1000m
U12 Girls (born 2015/16)	2000m	11:20	2 X 1000m
U12 Boys (born 2015/16)	2000m	11:35	2 X 1000m
U14 Girls (born 2013/14)	2500m	11:55	1 X 1000m + 1 X 1500m
U14 Boys (born 2013/14)	2500m	12:10	1X 1000m + 1 X 1500m
U16 Girls (born 2011/12)	3500m	12.25	2 X 1000m + 1 X 1500m
U16 Boys (born 2011/12)	3500m	12.45	2 X 1000m + 1 X 1500m
U18 Girls (born 2009/10)	4500m	13:05	3 X 1500m
U18 Boys (born 2009/10)	4500m	13.30	3 X 1500m
Novice Women	4000m	13:50	1 X 1000m + 2 X 1500m
Novice Men	6000m	14.15	4 X 1500m