

Day 2 Dublin Juvenile Indoor Championships 31st January 2026

Check in		Warm up access	Call room entry	Time	Event	Age	Heats	Qualification Female	Qualification Male
Open	Close								
8:30	9:00	8:45	9:45	10:00	400m Heats	17G&B	5	1+3	1+4
8:30	9:15	9:00	10:00	10:15	400m Heats	18G&B	5	1+3	1+4
8:45	9:30	9:15	10:15	10:30	400m Heats	19G&B	4	1+4	1+4
8:57	9:42	9:27	10:27	10:42	1500m Heat/Final	16G&B	4	Time	Time
9:25	10:10	9:55	10:55	11:10	1500m Heat/Final	17G&B	2	Time	Time
9:39	10:24	10:09	11:09	11:24	1500m Heat/Final	18G&B	3	Time	Time
10:00	10:45	10:30	11:30	11:45	1500m Heat/Final	19G&B	3	Time	Time
		10:51	11:51	12:06	400m Finals	Girls U17	1		
		10:54	11:54	12:09	400m Finals	Boys U17	1		
		10:57	11:57	12:12	400m Finals	Girls U18	1		
		11:00	12:00	12:15	400m Finals	Boys U18	1		
		11:03	12:03	12:18	400m Finals	Girls U19	1		
		11:06	12:06	12:21	400m Finals	Boys U19	1		
Break 45 mins approx. on track									
11:25	12:10	11:55	12:55	13:10	60m Heat	12 Girls	15	16 fastest	
12:10	12:55	12:40	13:40	13:55	60m Heat	12 Boys	10		16 fastest
12:40	13:25	13:10	14:10	14:25	60m Heat	13 Girls	15	16 fastest	
13:25	14:10	13:55	14:55	15:10	60m Heat	13 Boys	10		16 fastest
		14:25	15:25	15:40	Semi finals	12 G&B	4	2+4	2+4
14:07	14:52	14:37	15:37	15:52	60m Heats	14 Boys	7		16 fastest
14:28	15:13	14:58	15:58	16:13	60m Heats	14 Girls	9	16 fastest	
		15:25	16:25	16:40	Semi finals	13 G&B	4	2+4	2+4
		15:37	16:37	16:52	Finals	12 G&B	2		
		15:43	16:43	16:58	Semi Finals	14 G&B	4	2+4	2+4
		15:55	16:55	17:10	Finals	13 G&B	2		
		16:01	17:01	17:16	Finals	14 G&B	2		

Checkin & Warm up access	Field				Checkin & Warm up access	Field			
	Time	Event No	Event	Age		Time	Event No	Event	Age
9:15	10:00-11:00	76/78	High Jump Boys	15 -16	10:30	11:30-13:00	88	Long Jump Boys Pit 1	13
10:15	11:00-12:00	75/77	High Jump Girls	15 -16	9:15	10:00 - 11:30	87	Long Jump Girls Pit 2/3	13
12:45	13:30-14:30	79/81/83	High Jump Girls	17-19			85	Long Jump Girls Pit 2/3	12
13:45	14:30-15:30	80/82/84	High Jump Boys	17-19			86	Long Jump Boys Pit 1	12
13:30	14:30-15:30	91-98	Triple Jump G&B	15-19	12:15	13:00-14:30	89	Long Jump Girls (Pit 2/3)	14
							90	Long Jump Boys (Pit 1)	14
					12:00	13:00	99-112	Pole vault Junior	13-16
					9:00	10:00		Pole vault Senior	17-19

Key messages: No late checkins. Checkin opens 90 mins and closes 45 mins before the event. If an athlete fails to turn up for an event that they have checked in for, will be disqualified for all events of the weekend.
Minimum standards in some field events may be applied.
Athletes who are not competent in their event, may not be permitted to compete for their own safety.
Keep your bib number for both days.

